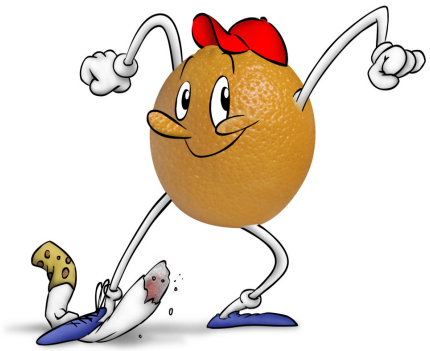
Quit Smoking For FREE

If you live or work in Orange County, New York, the Orange County Department of Health offers **FREE** smoking cessation classes and services.



CESSATION CLASSES

Quit smoking classes or support groups are offered in various locations throughout the county. Providers are also available to travel to worksites to conduct services.

NICOTINE REPLACEMENT THERAPY

Free Nicotine Replacement Therapy is available for cessation participants through the NYS Smoker's Quitline:
1-866-NY-QUITS OR www.nysmokefree.com

ALTERNATIVE PROGRAMS

We offer alternative services for those seeking a different approach.
Call the Orange County Department of Health at (845) 568-5226 for details.

All facilities and facilitators of the smoking cessation programs have been trained with the American Cancer Society's "Living Well, Tobacco Free" and "Fresh Start" curricula, as well as behavior modification techniques to help you quit smoking.

Edward A. Diana, **County Executive**
Jean M. Hudson, M.D., MPH, **Commissioner of Health**