

Offering parenting services and workshops upon request. Call for details.

**Alcoholism & Drug Abuse Council**

224A Main St., Goshen; 294-9000; 9-5 M-F, [www.adacinfo.com](http://www.adacinfo.com)  
Prevention education and information and referral for all parents.

**Big Brothers Big Sisters of Orange County**

148 Temple Hill Road, New Windsor  
562-5900 1-888-412-BIGS [www.mentorachild.org](http://www.mentorachild.org)

Professionally supported mentoring services to children ages 4-15 from single parent and guardian headed households throughout Orange Cty.

**Child Care Council of Orange Cty., Inc.**

40 Matthews St., Ste. 103, Goshen; 294-4012 x222 or 225  
Helpline-1-800-827-1751 [www.childcarecounciloc.org](http://www.childcarecounciloc.org)

Assisting parents seeking child care, training and technical assistance on existing and prospective programs. Education and resources on quality Child Care and Early Learning options.

**Cornell Cooperative Extension Orange County**

Community Campus, 18 Seward Ave., Suite 300  
Middletown; 344-1234 [www.cce.cornell.edu/orange](http://www.cce.cornell.edu/orange)

Workshops, training, lending library, Consumer Helpline for parenting, nutrition, and financial mgmt. Monthly program and support services for relative caregivers (Relatives As Parents Program - RAPP).

**Dispute Resolution Center of Orange/Putnam/Sullivan/Ulster**

3136 Route 207, Campbell Hall  
Mailing: PO Box 510, Goshen; 294-8082

Provides education, mediation and conflict resolution for parents and teens who are experiencing family difficulties.

**Occupations, Inc.**

[www.occupations.org](http://www.occupations.org)

**Healthy Families**

21 Grand St., Newburgh; 562-7244 x300  
16-24 Union St., Middletown; 421-6373  
In-home support for expectant and new parents.

**Family Development**

67 Windsor Highway, New Windsor; 562-6850 x 296  
16-24 Union St., Middletown, 421-6367

Home visiting services teaching parenting skills, household management and problem solving skills.

**Maternal-Infant Services Network**

200 Route 32, Central Valley; 928-7448 1-800-453-4666  
10 Little Britain Rd., Newburgh; 561-3575 [www.misn-ny.org](http://www.misn-ny.org)

Childbirth, breastfeeding and preconception health workshops; Health insurance and health care advocacy. Parenting workshops for parents of school-age children, referral services for expectant and new women.

**Mental Health Association**

73 James P. Kelly Way, Middletown; 342-2400  
1-800-832-1200 [www.mhaorangeny.com](http://www.mhaorangeny.com)

Parenting education workshops, resource referral, and support groups for parents with developmental and psychiatric disabilities, and their families. Support groups for eating disorders, rape crisis, self-injury, autism group, super siblings.

**Orange County Dept. of Health**

Intervention Services, 124 Main St., Goshen; 360-6630  
Early intervention services for parents of children with disabilities, ages birth - 2 years.

**Community Health Worker Program**

130 Broadway, Newburgh; 568-5284  
Home-visiting services to pregnant or newly parenting women and families in Orange County.

**Orange County Dept. of Mental Health**

141 Broadway, Newburgh; 568-5260  
146 Pike St., Port Jervis; 858-1456

Comprehensive outpatient mental health clinic, providing assessment and treatment for children and families.

**Orange County Dept. of Social Services**

Intake Unit of Children's Services with Northwestern Human Services  
280 Broadway, Newburgh; 561-1038

County wide intake unit provides crisis intervention, assessments, information and referrals to parents and children.

**Safe Homes of Orange Cty. and Orange Cty. Family Justice Center**

280 Broadway, Third Floor, Newburgh; 562-5365  
1-888-503-HOPE (4673) [www.safehomesorangecounty.org](http://www.safehomesorangecounty.org)

Advocacy, support groups, shelter, 24-hour hotline, and referral services for families affected by intimate partner/family violence.

**Orange County Youth Bureau**

18 Seward Ave., Middletown; 615-3620  
[www.orangecountygov.com/youthbureau](http://www.orangecountygov.com/youthbureau)

Information, referrals and resources on delinquency prevention & youth development issues.

**Planned Parenthood Mid-Hudson Valley**

40 Grove St., Middletown  
136 Lake St. Newburgh 838-1200 ext. 103  
[education@ppmnhv.org](mailto:education@ppmnhv.org)

Delivering education and information to young people and parents.

These agencies provide educational programs and support for parents of children with special needs:

**Action Toward Independence**  
[www.atitoday.org](http://www.atitoday.org) .....794-4228

**Early Childhood Direction Center**  
Information, resources and training re: children (0-5 yrs.) who have delays or disabilities. ....565-1162 x 240/209

**Family Empowerment Council** .....343-8100

**Footings, Inc.** .....783-7505

**Inspire**  
[www.inspirecp.org](http://www.inspirecp.org) .....294-8806 x249

**Orange-Ulster BOCES** .....291-0100 x10210

**Orange County Dept. of Mental Health** .....291-2622

# ORANGE COUNTY Parenting Education Directory

## 2013 - 2014



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Cornell University  
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Orange County



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# Sometimes Being A Parent Isn't Easy...

Whether you are expecting your first child or parenting a teenager, we all need assistance at times to be the **very best parent we can be!**

## Three important questions to ask when choosing a parenting program are:

1. What are the specific topics covered in the program?
2. Will I get information related to the age of my child(ren)?
3. How well does this program fit my schedule and budget?

The resources provided in this brochure represent the diverse parenting education programs and support services offered in Orange County. For information on other parenting resources, including programs for students, you may want to contact your local school, hospital, health care provider, library, and/or religious organization or dial United Way's "211" number.

## About the Orange County Parenting Coalition

We are a group of parents, caregivers, educators and agency representatives who understand parenting to be

a learned skill. Our goal is to provide access to a variety of parenting education programs and resources. Please join our group!

## Questions? Call Cornell Cooperative Extension at 845-344-1234

This brochure was developed by members of the Orange County Parenting Coalition as a resource for parents and professionals. Because we are unable to endorse these services, we recommend that you contact the individual provider before selecting a program to best suit your needs.

Parent Education Program	Location	Fees	# of Sessions	Time	Sponsoring Agency	Registration Contact/ Phone
Families Learning Together For parents with disabilities	Newburgh and Port Jervis	Free	10	Day	Action Toward Independence	794-4228
Bookstart For parents of young children 2-6 years	County-wide	\$30/family	3-4	Day/Evening	Cornell Cooperative Extension cce.cornell.edu/orange NYS Office of Children & Family Services / Orange County Youth Bureau OC Office for the Aging NYS Kinship Navigator	344-1234
What Do You Do With the Mad That You Feel? For parents of young children 2-6 years	County-wide	\$30/family	3-4	Day/Evening		
Discipline is NOT a Dirty Word For parents of children 2-12 years	County-wide	\$40/family	4	Day/Evening		
Healthy Children/Healthy Families For parents of children 3-11	County-wide	Free	8	Day/Evening		
Parenting A Second Time Around (PASTA) For relatives raising related children	County-wide	Free	7	Evening		
Surviving the Teen Years For parents of children 10-15 years	County-wide	\$30/family	4	Day/Evening		
Strengthening Families For parents AND children 10-14 years	County-wide	Free	7	Day/Evening		
They're Back... (Or They Never Left) For parents of adult children - 18+	County-wide	\$30/family	3	Evening		
Parents Apart For parents who are separating, divorced, or never married	Goshen and Newburgh	\$60 per person	2 1	Evening or Saturday	Dispute Resolution Center	294-8082 x24
Father's Initiative 24/7 All fathers are welcome.	Newburgh	Free	12 Fall only	Evening	Head Start of Eastern Orange County	562-0380
Single Parents And Raising Kids (SPARK) Helping single parents cope with real life issues	Middletown and Newburgh	\$10 per person includes meal and childcare	8	Evening	Jewish Family Services	341-1173
Comprehensive Childbirth and Parenting Education For expectant women and partners	Middletown, Port Jervis, Walden	\$25 per couple (scholarships available)	2 - 3	Day/Evening	Maternal - Infant Services Network	928-7448 x316
Parent Group at Good Samaritan For parents of children 0-16 years	Walden	\$10 per person Refundable	3	Evening	Trinity Evangelical Lutheran Church	256-0184