

HEALTHY VENDING MACHINE OPTIONS

For more vending machine options, visit www.nojunkfood.org.

- Fresh fruits, such as apples and oranges

- Canned fruit cups

- Vegetables, such as baby carrots, broccoli florets, and celery sticks

- Dried fruits, such as raisins, apricots, and apples

- Fresh fruit salads

- Fresh vegetable salads with lowfat or fat free dressing

- Salsa with baked tortilla chips

- Vegetarian entrees

- Sandwiches made with lean meats and whole grain bread

- Nonfat yogurt

- Nonfat cottage cheese

- Pretzels

- Baked chips

- Lowfat popcorn

- Whole grain crackers

- Lowfat granola bars

- Lowfat, whole grain cereals

- Trail mix

- Graham crackers

- Animal crackers

- Plain and salted nuts

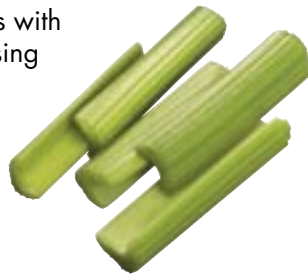
- Frozen fruit bars

- Water

- 100% fruit juice

- 100% vegetable juice

- Nonfat or 1% milk



California 5 a Day Worksite Program

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